



Metropolitan Business & Professional
Women (MBPW) presents

New Year, New You!

Resolve to Make it Happen

January 30, 2010

8:30 a.m. – 12:30 p.m.

Learn from the experts! Be inspired by three renowned local presenters...

Keynote:

**"Recipe for Success:
Cooking Up a New You!"**

Stacey Simms, NewsTalk 1110 WBT Radio
<http://www.wbt.com>

Workshops:

**"Terrific Tips for Communication & Goal-Setting in
the New Year"**

Marcia Jackson, President, Training Resources
<http://www.resources4trainers.com>

**"Presenting Your Unique Self –
Know & Promote Your Gifts & Talents"**

Rhonda York, Managing Partner, TeamWide Solutions
<http://www.teamwidesolutions.com/>

8:30 a.m. Networking Breakfast & Registration
9:00 a.m. Keynote
10:00 a.m. Workshop #1
11:15 a.m. Workshop #2
12:15 p.m. Wrap-up

Cost: \$20 BPW Members/\$30 Guests

Location: The Employers Association Conference Center • 3020 W. Arrowood Road • Charlotte, NC 28273
Click [here](#) to register or visit www.mbpw.org "BPW After Five"

Connect with Like-Minded Women! Brush up Your Skills! Networking! Professional Development!

